

ORGANISATION & ATTENDEES

Surrey Primary Care Trust (South East Locality)

Janet Lambley, Public Health Team Leader

ROLE OF ORGANISATION OR GROUP

Surrey Primary Care Trust (PCT) is responsible for supporting, maintaining and improving the health of the population of Surrey by commissioning health care from providers including hospitals and ensuring that general practitioners, dentists, opticians and pharmacists, who are independent contractors, provide high quality services for their patients and customers. The PCT also employs community public health nurses, including health visitors, school nurses and therapists.

Surrey PCT contributes to community safety in the following ways:

- Public Health Nurses and the Vulnerable Children's Team in South East Surrey work closely with other PCT staff and partner agencies to identify children at risk of harm or neglect and provide early integrated enhanced care. This includes early intervention for postnatal depression, which can affect the relationship between mothers and babies and have long term consequences for children's mental health and behaviour. The Public Health Nurses also provide advice and support on accident prevention to families appropriate to children's ages.
- Contributions to funding the domestic abuse outreach service
- Public Health Nurses provide parenting groups through Family Links, the Nurturing Programme and other programmes to promote emotional literacy, nurturing and relationship skills in families and communities. Children who are part of calm, supportive families and feel they belong to their communities are less likely to threaten community safety.
- Contributes to running support groups for young parents where nurturing and other skills are promoted to help these vulnerable young parents provide safe, stable family lives for their children so that they will be less likely to threaten community safety in future. However, the groups' long term future is uncertain (see below).
- Funds a specialist health visitor for homeless families, including asylum seekers, mothers and children living in a safe hostel for victims of domestic abuse and travelling families.
- Contributes to the young people's drop-in at Harry's youth club in Oxted (Monday4U) where young people can obtain advice on sexual and mental health and substance misuse.
- Commissions the Child & Adolescent Mental Health Service (CAMHS). CAMHS community nurses work alongside school nurses to assess children with mental health problems and their families, working directly with some children to prevent and manage behaviour problems and referring others to CAMHS specialists.
- Supports the Surrey Healthy Schools programme which promotes anti-bullying policies and practice in schools
- Commissions the 'Respond' integrated substance misuse service for people who misuse alcohol and drugs
- Hosts a Drug & Alcohol Action Team funded Health Promotion Specialist post
- Funds the Community pharmacy needle exchange service which prevents spread of blood-borne infections (six pharmacies in Tandridge)
- Employs an outreach team, funded by the Drug & Alcohol Action Team, to engage with 'hard to reach' drug users and encourage them to access services
- Training housing and street cleansing and primary care staff, and trainee police officers on recognising drug use, its effects and how to refer users to services

- Organising the 'Big Drink Debate' consultation as a preliminary to preparing a Surrey alcohol strategy
- Provides training for police probationers on dealing with incidents caused by people with mental health problems

RECENT SUCCESSES.

- Continued partnership working in serious domestic abuse cases through MARAC (Multi Agency Risk Assessment Conferences) and CIAG (Community Incident Action group) processes
- Continued development of common assessment framework with partner agencies to ensure early intervention for children at risk
- Positive evaluations for Family Links and the Nurturing Programme from parents
- Positive evaluations of young parents' groups by participants
- Timely referral of homeless and vulnerable people to mental health services
- Early identification and treatment of children and young people with behaviour problems
- Respond has worked with about 200 drug users on replacement therapy, mitigating their need to offend to fund for illicit drug use, and about 400 alcohol clients, protecting the community from alcohol- associated risks.
- In partnership with Heads Together (YMCA), Surrey CC (Youth Development Service and Teenage Pregnancy), Surrey Young People's Service and Connexions launched Monday 4U, a young people's health drop-in, at Harry's Youth Centre in Oxted in January 2008. The drop-in provides health advice covering mental and sexual health and substance misuse in a venue that is accessible and acceptable to young people. In the recent Joint Area Review (JAR) for Surrey, inspectors singled out the Monday 4U services in Oxted and Redhill as an example of 'true multi-agency excellence'.
- In partnership with Four S, have recruited 94% of state schools in Tandridge to the National Healthy Schools Programme. Out of 31 schools, 19 (61%) have achieved the National Healthy School Standard, a further 10 (33%) are engaged in the programme and 2 (6%) are not yet registered. Twenty-five out of 26 (96%) of primary schools, all three secondary schools, and all three special schools are engaged in the programme at some level. Of the above, 18 (69%) primary schools, one (33%) of secondary schools, and 2 (67%) special schools have achieved NHSS.

ASPIRATIONS FOR THE FUTURE

- Continue to develop and provide evidence-based interventions to promote positive mental health for children and young people through schools and families
- Continue to develop and support services for vulnerable children and families in partnership with other voluntary and statutory agencies
- Continue to develop and support Drop In services for young people in partnership with other agencies
- Sustain the National Healthy Schools programme in Surrey
- Continue to fund pharmacy needle exchange service and commission substance misuse services including training for front line staff
- Develop and implement a strategy for reducing the harm caused by alcohol misuse in Surrey
- Ensure police probationers continue to receive training in dealing with people with mental health problems

The Local Committee can help by supporting Family Links in Surrey, now a registered charity providing specialist training for health visitors and parents to run effective parenting groups to improve families' emotional health.